

CHG Training Calendar

January – June 2012

Upcoming courses

Rehabilitation and Return to Work Coordinator (RRTWC) Training

Level 1: \$320+GST	Level 2: \$700.00+GST
15 February 2012	15, 16 & 17 February 2012
15 March 2012	15, 22 & 29 March 2012
30 April 2012	30 April, 7 & 14 May 2012
4 June 2012	4, 5 & 6 June 2012

Mental Health First Aid

Full 2 Day Course: \$380 + GST
19 & 26 March 2012
18 & 19 June 2012

Course in Drug and Alcohol Screening (30681QLD)

1 Day Course: \$640
1 February 2012

TAE40110 Certificate IV Training and Assessment

2 Day face to face Program: \$1500
TBA

EDUCATION AND TRAINING INFORMATION

CHG is a Registered Training Organisation (RTO No. 110048) and offers a variety of training courses and education programs in the areas of:

- Safety & Injury Prevention
- Injury Management
- Physical Health & Wellbeing
- Psychological Health & Wellbeing

The programs CHG offer can be tailored to a business' specific needs and can be delivered for groups of employees at an employer's workplace, or through 'public courses' held at CHG's training facility in Mile End, only minutes from the Adelaide CBD. In both the employer specific and 'public courses', we limit our group size to ensure the learning experience is truly practical

See over for more details about our public training courses...

Coming Soon... First Aid Training Courses

We are expanding our range of courses and will soon be launching the following First Aid Training courses:

- CPR
- Basic First Aid
- Apply First Aid

Our First Aid courses are nationally accredited and are all delivered by experienced health professionals.

Flexible learning options and refresher courses will also be available.

Contact us to register your interest



Tailored Programs

In addition to practical and interactive 'public courses' held at CHG's training facility, CHG can tailor training programs and education seminars to a business' specific needs which can be delivered for groups of employees at an employer's workplace.

Psychological Health & Wellbeing

CHG offers a series of training courses to assist employers in ensuring their workplace practices support good psychological health and to provide tools to identify risk factors and practical steps for seeking help when needed. These courses are all delivered by our team of Psychologists and Health professionals. Courses offered include:

- Mental Health First Aid (12 hrs)
- Mental Health First Aid Awareness (avail as 1 hr or up to 6 hrs)
- Stress Management Strategies
- Building your Personal Resilience
- Achieving your Work / Life Balance
- Managing Effective Workplace Relationships
- Dealing with difficult or Aggressive Behaviour

OHS Courses

Every employer has a duty of care to their employees and ensuring that their workplace identifies and mitigates against workplace hazards is a crucial responsibility. CHG offers a series of OHS training courses to employers with the expertise and tools to manage key workplace hazards. These courses are all delivered by our team of Physiotherapists and Occupational Therapists with extensive experience on preventing and managing workplace risk and injuries.

Course offered include:

- Manual Task Risk Assessment
- Manual Handling Training & refresher training
- Cost Benefit Analysis Training

Workplace & Functional Assessment Skills for Practitioners

Non-CHG therapists can use CHG's state of the art functional evaluation system on a sessional basis and can attend training courses focused on the use of BTE and Epic Lift Protocols.

- FCE Skills for Practitioners
- Job Analysis for Practitioners

Rehabilitation and Return to Work Coordinator (RRTWC) Training

All workplaces with more than 30 employees must appoint a RRTWC. The Coordinator is required to complete a training course delivered by a WorkCover Approved Training Provider. Participants will embark on this 1 or 3 day **practical learning experience**, and leave with valuable skills and knowledge to establish and deliver effective return to work outcomes for their injured employees.

CHG's training program takes participants through **hands-on learning activities** such as a **job analysis workshop** and on **open discussion with one of our medical practitioners** at our nearby Clinic.

Elements of the Level 2 course can be delivered as Nationally Recognised Training Units. Enquire with the CHG Training Unit when you enroll if you wish to obtain Statements of Attainment for this program.



Level 2 (only)

PSPIM404A - Conduct Situational workplace assessments

PSPIM405A - Develop return to work plans

PSPIM405A - Implement and monitor return to work plans

Course in Drug and Alcohol Screening (3068QLD)



1-day course: \$640

1 February 2012

In the interest of a safe working environment, many organisations conduct **alcohol and drug screening** in their **workplace**. **Australian Standards** for urine and oral fluid collection now **require** that all workplace personnel who conduct drug and alcohol screening must possess a **Statement of Attainment** for this course. CHG provides this training under an Agreement with Registered Training Organisation Morrissey Training and Consulting who will issue Statements of Attainment (RTO No. 30929, www.morrisseytraining.com.au).

Mental Health First Aid



Full 2-day course: \$380+GST

19 & 26 March 2012

Mental Health First Aid is the initial help given to someone experiencing a mental health problem before professional help is sought. Participants will gain a basic understanding of the common signs and symptoms of mental health problems, the effects on the workplace, where to get help and what sort of help has been shown by research to be effective. This 2 day course is delivered by one of our **Registered Psychologist** and is able to share experiences and provide professional insight.

TAE40110 Certificate IV Training and Assessment



Full 2 Day (face to face) Course: \$1,500

2012 dates to be advised.

Join with CHG as we partner with the registered training organisation HBA Consulting to bring you the **Certificate IV in Training and Assessment**. This course has been especially customised as a **2 day face to face program**, and is ideal for those who already possess some training experience.